

July 2017

Fields Recreation Center

1701 Dairy Road, Garland, TX 75040 • 972-205-3090 • FRC@GarlandTX.gov • GarlandParks.com

PROGRAM SCHEDULE

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
9 a.m.						Zumba 9 a.m.
10 a.m.	Basketball Camp Age 5 - 7 July 10 10 a.m.	Basketball Camp Age 5 - 7 July 11 10 a.m.	Basketball Camp Age 5 - 7 July 12 10 a.m.	Basketball Camp Age 5 - 7 July 13 10 a.m.	Basketball Camp Age 5 - 7 July 14 10 a.m.	Artistry Dance Camp 10 a.m. Volleyball 10 a.m.
Noon	Basketball Camp Age 8 - 12 July 10 Noon	Basketball Camp Age 8 - 12 July 11 Noon	Basketball Camp Age 8 - 12 July 12 Noon	Basketball Camp Age 8 - 12 July 13 Noon	Basketball Camp Age 8 - 12 July 14 Noon	
2 p.m.	Fitness 101 (by appointment only)	Fitness 101 (by appointment only)	Fitness 101 (by appointment only)	Fitness 101 (by appointment only)		
4 p.m.		Lil' Dribblers 4:15 p.m. Dance Combo Age 2 - 5 4:45 p.m.	Lil' Tots Soccer 4:15 p.m.	T-Ball 4:15 p.m.		
5 p.m.	Artistry Dance Camp 5:45 p.m.	Dance Combo Age 6 - 12 5:15 p.m.		Basketball Skills Age 5 - 7 5:30 p.m. Basketball Skills Age 8 - 12 5:30 p.m.		
6 p.m.	Boot Camp 6 p.m.	Youth Soccer 6 p.m.	Blakey Tae Kwon Do 6 p.m.			
7 p.m.	Volleyball Camp Age 5 - 7 / 8-12 July 17 / 24 7:15 p.m. Zumba 7:45 p.m.	Volleyball Camp Age 5 - 7 / 8-12 July 18 / 25 7:15 p.m.	Volleyball Camp Age 5 - 7 / 8-12 July 19 / 26 7:15 p.m. Zumba 7:45 p.m.	Volleyball Camp Age 5 - 7 / 8-12 July 20 / 27 7:15 p.m.	Volleyball Camp Age 5 - 7 / 8-12 July 20 / 28 7:15 p.m.	

All program information subject to change and availability. Registrations accepted on first-come, first-serve basis. Waitlists available for most full programs. Pre-registration required for most programs. A program may cancel if minimum number of registrations is unmet. A City of Garland waiver and release of claim is required prior to participating in any program. All programs occur weekly unless noted with a date.

GET YOUR PLAY ON

Park and Recreation Month July 2017

Kickoff Event - July 1
Noon - In-N-Out Burger
1 p.m. - Dallas Zoo Animal
Outreach Program
2 p.m. - Free Movie Zootopia
The Plaza Theater



Pop Up & Play in July
Follow us on Facebook for dates
& locations.



Sunset Cinema on the Square
Movies begin at sunset at the
Downtown Garland Square
July 13 - Guardians of the Galaxy
July 20 - Beauty and the Beast
July 27 - Finding Dory

#PlayOnJuly
#PlayGarland
GarlandParks.com

Family Night Out - July 29
Food, Fun & Fireworks
Featuring "Downtown Fever"
6 p.m. Central Park



GARLAND
PARKS, RECREATION &
CULTURAL ARTS

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OPEN GYM SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 11:30 a.m. - 4 p.m.
3 9 a.m. - 5:30 p.m. 7 - 8:45 p.m.	4 CLOSED	5 9 a.m. - 3:45 p.m. 7:30 - 8:45 p.m.	6 9 a.m. - 3:30 p.m. 7:30 - 8:45 p.m.	7 9 a.m. - 4:45 p.m.	8 11:30 a.m. - 4 p.m.
10 9 a.m. - 5:30 p.m. 7 - 8:45 p.m.	11 9 a.m. - 3:45 p.m. 5:30 - 8:45 p.m.	12 9 a.m. - 3:45 p.m. 7:30 - 8:45 p.m.	13 2:30 - 3:30 p.m. 7:30 - 8:45 p.m.	14 9 a.m. - 4:45 p.m.	15 11:30 a.m. - 4 p.m.
17 9 a.m. - 5:30 p.m. 7 - 8:45 p.m.	18 9 a.m. - 3:45 p.m. 5:30 - 8:45 p.m.	19 9 a.m. - 3:45 p.m. 7:30 - 8:45 p.m.	20 9 a.m. - 3:30 p.m.	21 9 a.m. - 4:45 p.m.	22 11:30 a.m. - 4 p.m.
24 9 a.m. - 5:30 p.m. 7 - 8:45 p.m.	25 9 a.m. - 3:45 p.m. 5:30 - 8:45 p.m.	26 9 a.m. - 3:45 p.m. 7:30 - 8:45 p.m.	27 9 a.m. - 3:30 p.m.	28 9 a.m. - 4:45 p.m.	29 11:30 a.m. - 4 p.m.
31 9 a.m. - 5:30 p.m. 7 - 8:45 p.m.					
<p>***Schedule subject to change. ***You are required to purchase and scan your Garland ID card to be inside the facility. City of Garland recreation centers are closed on Sundays.</p>					

Summer Nutrition Program
Available at Fields Recreation Center
11 a.m. to 1 p.m.

The program provides free nutritious meals to children ages 1 to 18 and young adults with disabilities when school is out for the summer. The Summer Nutrition Program will run from June 5 to Aug. 4, 2017. All sites are open Monday through Friday, except July 4. Come discover a new way to have fun! No registration or proof of income required.



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